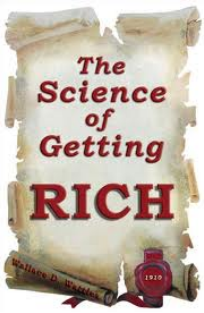

# Nancy Matthews

**Speaker, Author, Strategist**

**Clarity ~ Action ~ Results**
**Take a *CAR* Ride with Nancy!**

Set Your Business & Your Life on Cruise Control!

# *The Science of Getting Rich*

## *30 Day Course*

## *15 Minutes a Day*
## *For BIG Results and Riches!*

## *A Comprehensive Course and Guide Through the Proven and Timeless Principles Used by Masters of Success Throughout the Ages!*

- ***Daily Instructions and Exercises to Lock in the Learning***
- ***Audio and Written Resources for The Science of Getting Rich program***
- ***Daily Text Accountability to Support Your Goals***
- ***Monthly Group Mastermind Call***

## Double, Triple & Quadruple Your Results
## … Without Exhaustion!

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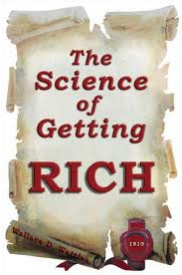

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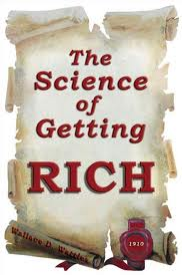


# *The Science of Getting Rich*

## *15 Minutes a Day for 30 Consecutive Days for BIG Results!*

**********

## *Daily Accountability to Support Your Goals:*
## *Text "Done!" to 954-980-2134 When You Have Completed Your 15 Minutes*

Congratulations!

You are about to embark on an amazing journey and experience *EXPLOSIVE* results in your life and your bank account! I applaud your commitment and desire to GET RICH! You deserve it, you've earned it and it's about to become your reality. Now, let's get started!

Go to: http://wpninstitute.com/science

There you will be able to download the book and all of the audio recordings.

Begin by reading and/or listening to the Introduction and the Preface. You will next receive an outline with the full 30 day program so you can plan your time.

To support you on a daily basis, this course includes a daily email reminder as to which chapter and exercise to focus on each day.

Next, mark your calendar for our ***LIVE* group coaching call:**

**The Fourth Wednesday of the Month at 7:00 pm**
(and of course, I'll send you a reminder via email)

**Here's the call number:**
**Dial: 1-712-432-0900**
**Code: 316545#**

*Note: If you are calling from Canada or using Metro PCS – you should be able to get through to the service by using this bypass number (805) 360-1075*

Lastly, join the daily text accountability club! Every day as you complete your 15 minute study and focus on The Science of Getting Rich, send me a text with the word "Done."

Here's my number: 954-980-2134

I know you will have amazing success and can double, triple or even quadruple your income by fully immersing yourself in The Science of Getting Rich Program!

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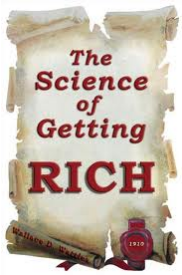

**Nancy Matthews**

**Speaker, Author, Strategist**

**Clarity ~ Action ~ Results**
**Take a *CAR* Ride with Nancy!**

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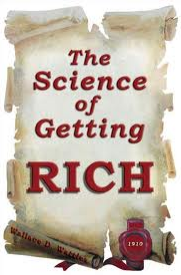


# *The Science of Getting Rich*

***15 Minutes a Day for 30 Consecutive Days for BIG Results!***

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***Daily Accountability to Support Your Goals:***
***Text "Done!" to 954-980-2134 When You Have Completed Your 15 Minutes***

## DAILY INSTRUCTIONS FOR THE ENTIRE 30 DAYS:

1. Set aside a minimum of 15 minutes per day to dedicate to the study of The Science of Getting Rich. I recommend you do this first thing in the morning or at night before going to sleep.

2. After listening to and/or reading the assigned chapter, spend the remainder of your time reflecting on what thoughts and ideas arose during the study. Jot the ideas down in a journal or a notebook to effectively capture the thoughts, feelings and new ideas that come to you during this powerful focused time.

3. Once you have completed the 15 minutes, send me a text message "DONE." My cell phone number is 954-980-2134. Any time day or night is fine with me - I look forward to hearing from you!

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# *The Science of Getting Rich*

## *15 Minutes a Day for 30 Consecutive Days for BIG Results!*

**********

***Daily Accountability to Support Your Goals:***
***Text "Done!" to 954-980-2134 When You Have Completed Your 15 Minutes***

| | | | | |
|---|---|---|---|---|
| **Day 1**<br>****Listen To****<br>Introduction, Preface & Chapter 1 (this audio contains additional information) | **Day 8**<br>Read and/or Listen Chapter 6 | **Day 15**<br>Read and/or Listen Chapter 11 | **Day 22**<br>Read and/or Listen Chapter 16 | **Day 29**<br>****The Study of "Persistence"**<br>**Dial: 1-712-432-1085, Code 237137#** |
| **Day 2**<br>Read and/or Listen Chapter 2 | **Day 9**<br>Read and/or Listen Chapter 7 | **Day 16**<br>Read and/or Listen Chapter 12 | **Day 23**<br>Read and/or Listen Chapter 17 | **Day 30**<br>**Completion and …The Beginning**<br>**Reflect, Review and Continue!** |
| **Day 3**<br>Read and/or Listen Chapter 3 | **Day 10**<br>Read and/or Listen Chapter 8 | **Day 17**<br>Read and/or Listen Chapter 13 | **Day 24**<br>Repeat Chapter 17 Plus one other chapter of your choosing | |
| **Day 4**<br>Read and/or Listen Chapter 4 | **Day 11**<br>Read and/or Listen Chapter 9 | **Day 18**<br>Read and/or Listen Chapter 14 | **Day 25**<br>Repeat Chapter 17 Plus one other chapter of your choosing | |
| **Day 5**<br>Read and/or Listen Chapter 5 | **Day 12**<br>Read and/or Listen Chapter 10 | **Day 19**<br>Read and/or Listen Chapter 15 | **Day 26**<br>Repeat Chapter 17 Plus one other chapter of your choosing | |
| **Day 6**<br>****Pause, Reflect & Listen****<br>Chapters 1 through 5 | **Day 13**<br>****Pause, Reflect & Listen****<br>Chapters 6 through 10 | **Day 20**<br>****Pause, Reflect & Listen****<br>Chapters 11 through 15 | **Day 27**<br>Repeat Chapter 17 Plus one other chapter of your choosing | |
| **Day 7**<br>****Pause, Reflect & Listen****<br>Chapter 1 through 5 | **Day 14**<br>****Pause, Reflect & Listen****<br>Chapters 6 through 10 | **Day 21**<br>****Pause, Reflect & Listen****<br>Chapters 11 through 15 | **Day 28**<br>****The Study of "Persistence"**<br>**Dial: 1-712-432-1085, Code 237137#** | |

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# *The Science of Getting Rich*

## *15 Minutes a Day for 30 Consecutive Days for BIG Results!*

**********

***Daily Accountability to Support Your Goals:***
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**Day 1**

1. **LISTEN TO** Introduction and Preface (for this first step you must listen as there is an additional recording that is not in the book).

2. Listen to (or read) Chapter 1

I applaud your commitment and dedication to getting rich now and know that your efforts will pay off when you apply The Science of Getting Rich***!***

***Remember that your desires are just and that you deserve to have all of your heart's desires fulfilled!***

Notes, Reflections, New Ideas and Ah-Ha's!

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## Day 2

1. Read and/or listen to Chapter 2.

2. Make a note of any statements that jump out at you or you feel a strong response to and reflect on the related thoughts that those statements create.

***You are in the process of studying a proven science. Stay the course and embrace each step as you move forward in the creation and manifestation of your desires.***

Notes, Reflections, New Ideas and Ah-Ha's!

***Daily Accountability to Support Your Goals:***
***Text "Done!" to 954-980-2134 When You Have Completed Your 15 Minutes***

**********

## Day 3

1. Read and/or listen to Chapter 3.

2. Pay attention to your thoughts,  new ideas and possibilities.  A passing thought may be a significant opportunity for you to take action that will bring you riches in unexpected ways.

***Today notice ALL the abundant space that is the formless substance awaiting YOUR creation into form!***

Notes, Reflections, New Ideas and Ah-Ha's!

***Daily Accountability to Support Your Goals:***
***Text "Done!" to 954-980-2134 When You Have Completed Your 15 Minutes***

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## Day 4

1. Read and/or listen to Chapter 4.

2. Spend time in contemplation upon the 3 fundamental statements:
    a. There is a thinking stuff from which all things are made, and which in its original state, permeates, penetrates and fills the interspaces of the Universe.
    b. A thought in this substance produces the thing that is imaged by the thought.
    c. A person can form things in his thought, and by impressing his thought upon formless substance, can cause the thing he thinks about to be created.

***There are already shifts taking place, keep up the great focus and intention and you will continue to experience the rewards in numerous ways.***

Notes, Reflections, New Ideas and Ah-Ha's!



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**Day 5**

*Now that you have spent time focusing on the first principle, we can continue building and increasing life!*

1. Read and/or listen to Chapter 5.

2. Continue to spend time in contemplation upon the 3 fundamental statements. Jot down your thoughts, reflections and reactions to these statements.

***Remember, the Universe desires you to have everything you want. The world IS conspiring in your favor. "That which makes you want more money is the same as that which makes the plant grow; it is life seeking fuller expression."***

Notes, Reflections, New Ideas and Ah-Ha's!

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## Day 6 and Day 7

### Pause, Reflect and Listen

As you have now read, listened to and absorbed Chapters 1 through 5, it's time to pause and reflect on the information and principles provided to this point.

The deeper you integrate and fully infuse these principles into your way of being, the deeper and richer your results will be! I want to encourage you to continue taking your time through this book so you can receive the full benefit and riches that this Science affords you.

1. Review Chapters 1 through 5. Make notes of the points that impacted you and any resistance you may have had to statements made.

2. What new ideas have surfaced for you as you've been integrating the principles? Have special people, possible business alliances, new ways of marketing and connecting with people come up for you?

All of the thoughts being sparked by your study of this book are designed to bring you great riches! Pay attention and look for the signs. Pick up the phone and call a friend who comes to mind but you haven't spoken to in a while. Feel an urge for a particular restaurant or food? Go for it! You may just meet "The One" at the restaurant. Is the beach calling you? How about the mountains? Respond to your intuitive signals and watch the magic continue to unfold!

Notes, Reflections, New Ideas and Ah-Ha's!

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## Day 6 and Day 7 (Cont'd)

### Pause, Reflect and Listen

Notes, Reflections, New Ideas and Ah-Ha's!

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**Day 8**

*Be on the alert for the miracles that are happening all around you and within you. I understand the desire to want move ahead and devour this incredible book and feel free to do so …* ***just make sure that you are doing the written exercises and spending time in contemplation.*** *Taking the time to write down your thoughts and feelings as you go through this course will magnify your experience and accelerate your results.*

1. Read and/or listen to Chapter 6.

2. Journal, notice and reflect upon the new thought patterns you are developing through this course.

***Spend time today getting specific on the things you desire. Impress those thoughts upon your mind and they will be impressed upon the formless substance.***

Notes, Reflections, New Ideas and Ah-Ha's!

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## Day 9

1. Read and/or listen to Chapter 7.

2. Begin today (and every day that follows) by focusing on 5 people and/or things that you are grateful for, get specific and really feel the gratitude and appreciation. i.e. What is it you love about your home? Your family and friends? Your pets? Your shoes, your pillow, etc.

***Gratitude is the gateway to the riches you desire.***

Notes, Reflections, New Ideas and Ah-Ha's!

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## Day 10

1. Read and/or listen to Chapter 8 (and review Chapter 6).
2. Are you focusing on what you WANT? Do you REALLY desire riches? Write down the things you want to be, do and have and WHY you want them.

***Strong desire coupled with joyful thanksgiving for what you have are the driving forces in The Science of Getting Rich!***

Notes, Reflections, New Ideas and Ah-Ha's!

***Daily Accountability to Support Your Goals:***
***Text "Done!" to 954-980-2134 When You Have Completed Your 15 Minutes***

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## Day 11

1. Read and/or listen to Chapter 9.

2. Notice when your will is taken off course from positive creation. Negative or competitive thoughts and impressions will pull you further away from the attainment of your goals. Are there certain circumstances, conditions or people that trigger your will in the opposite direction? Awareness of these triggers will support you in reducing and eliminating those impressions upon formless substance.

***This is a pivotal moment in the study of The Science of Getting Rich. Conquering <u>your own will</u> to keep your mind focused and centered in acting in the certain way will bring your desires!***

Notes, Reflections, New Ideas and Ah-Ha's!

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**Day 12**

***"To become really rich is the noblest aim you can have in life, for it includes everything else."***

1. Read and/or listen to Chapter 10.

2. Continue to make notes, underline and jot down your thoughts and reactions to the statements and principles. The more closely you pay attention and absorb these principles, the more opportunities will appear. Remember to focus your energy and efforts in the CREATIVE plane, not the competitive.

***You are meant to be rich. You are meant to have your heart's desires. You are a success right now in this moment!***

Notes, Reflections, New Ideas and Ah-Ha's!

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**Day 13 and Day 14**

## Pause, Reflect and Listen

As you have now read, listened to and absorbed Chapters 1 through 10, it's time to pause and reflect on the information and principles provided to this point.

(I know you may have read ahead in the book and that's perfect too. Be sure to take your time during these 2 days to review and absorb the first portion. The deeper you integrate, the more profound your results.)

1. What chapter(s) impacted you most? What shifts or changes have you noticed?

2. Have new opportunities or "calls out of the blue" occurred? Have you followed up on them?

Notes, Reflections, New Ideas and Ah-Ha's!

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**Day 13 and Day 14 (Cont'd)**

**Pause, Reflect and Listen**

Notes, Reflections, New Ideas and Ah-Ha's!

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## Day 15

1. Read and/or listen to Chapter 11.

2. What actions are you taking to move you closer to the objects of your desires? You need not do every act, but you must stay in consistent action, backed by faith and purpose to be able to receive the riches when they come to you.

***"This is the crucial point in the science of getting rich – right here, where thought and personal action must be combined."***

Notes, Reflections, New Ideas and Ah-Ha's!

***Daily Accountability to Support Your Goals:***
***Text "Done!" to 954-980-2134 When You Have Completed Your 15 Minutes***

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## Day 16

1. Read and/or listen to Chapter 12.

2. Are your actions infused with the spirit of increasing and advancing life? Do you more than fill your present place? What can you do to apply 'efficient' action to your daily activities and routines? Strengthen your ability to act in the certain way by spending your leisure time in visualizing your desired outcomes and goals.

***Rewrite, review and concentrate on your heart's desires, your big audacious goals and the driving force behind those desires…What do you REALLY want?***

Notes, Reflections, New Ideas and Ah-Ha's!

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***Daily Accountability to Support Your Goals:***
***Text "Done!" to 954-980-2134 When You Have Completed Your 15 Minutes***

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## Day 17

1. Read and/or listen to Chapter 13.

2. Examine the activities that bring you the most joy. What are your areas of skills and talents? You can get rich in any business and will most easily create riches in those activities which you have a strong desire to perform.

***Remember … "There is never hurry on the creative plane and there is no lack of opportunity."***

Notes, Reflections, New Ideas and Ah-Ha's!

***Daily Accountability to Support Your Goals:***
***Text "Done!" to 954-980-2134 When You Have Completed Your 15 Minutes***

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## Day 18

1. Read and/or listen to Chapter 14.

2. How can you consistently add value and the impression of increase to the people you interact with? What can you to deliver more in use value than you receive in cash value?

***Embrace "The One Philosophy" and treat each person you meet with the excitement, enthusiasm and appreciation that they may be "The One" so that each person experiences a sense of increase and joy from being in your presence.***

Notes, Reflections, New Ideas and Ah-Ha's!

***Daily Accountability to Support Your Goals:***
***Text "Done!" to 954-980-2134 When You Have Completed Your 15 Minutes***

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## Day 19

1. Read and/or listen to Chapter 15.

2. Pay attention to the signs and your intuition. This daily study and reflection time provides the opportunity for your intuition to develop and serve your heart's desires. Continue to highlight and jot down notes of the statements that create the most impact for you and reflect upon the advancing ideas that surface around them.

***"Do not wait for an opportunity to be all that you can be. When an opportunity to be more than you are now is presented and you feel impelled toward it, take it. It will be the first step toward a greater opportunity."***

Notes, Reflections, New Ideas and Ah-Ha's!

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***Daily Accountability to Support Your Goals:***
***Text "Done!" to 954-980-2134 When You Have Completed Your 15 Minutes***
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## Day 20 and Day 21

### Pause, Reflect and Listen

As you have now read, listened to and absorbed Chapters 1 through 15, it's time to pause and reflect on the information and principles provided to this point.

1. Did you highlight? Did you take notes? Scan those statements which brought you insight, triggered emotions or brought you to new levels of awareness and jot them down here.

2. Reflect upon the past 3 weeks and WRITE DOWN the results you have experienced. For example:
   Revenue received, new business opportunities; introductions to key players, new projects or business ideas.

3. What actions have you taken to further those things? What actions can you now take to further the realization of riches?

Notes, Reflections, New Ideas and Ah-Ha's!

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**Day 20 and Day 21 (Cont'd)**

**Pause, Reflect and Listen**

Notes, Reflections, New Ideas and Ah-Ha's!

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## Day 22

1. Read and/or listen to Chapter 16.
2. Create your own personal daily affirmation statement to strengthen the use of your will and to guard against fears, doubts and negative beliefs destroying your ability to create riches. Repeat these statements one or more times per day to keep your attention and intention focused on the creative plane and to impel the movement of your riches toward you.

***You are meant to be rich. You are meant to have your heart's desires. You are a success right now in this moment!***

Notes, Reflections, New Ideas and Ah-Ha's!

***Daily Accountability to Support Your Goals:***
***Text "Done!" to 954-980-2134 When You Have Completed Your 15 Minutes***

**********

## Day 23

1. Read and/or listen to Chapter 17.

2. Having completed the entire book, take time today to choose the 5 points which impacted you most. What effect have they had upon your thinking, your bank account, and the way you interact with others?

*****Bonus Tip: Read and/or listen to Chapter 17 every day to keep these principles in the forefront of your being and your actions.***

Notes, Reflections, New Ideas and Ah-Ha's!

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***Daily Accountability to Support Your Goals:***
***Text "Done!" to 954-980-2134 When You Have Completed Your 15 Minutes***

**********

## Day 24

1. Read and/or listen to Chapter 17 plus one other chapter from the book.

2. Write down your thoughts and reflections from the chosen chapters. Continue to monitor your thoughts and express joyful thanksgiving and gratitude. Reach out and share your appreciation with someone.

***"Feeling gratitude and not expressing it is like wrapping a present and not giving it." ~ William Arthur Ward***

Notes, Reflections, New Ideas and Ah-Ha's!

***Daily Accountability to Support Your Goals:***
***Text "Done!" to 954-980-2134 When You Have Completed Your 15 Minutes***

**********

## Day 25

1. Read and/or listen to Chapter 17 plus one other chapter from the book.

2. Pay attention today to the inexhaustible invisible supply of formless substance awaiting your creation. As you step outside observe all that has been created and recognize the immense canvas upon which you can create your own masterpiece!

***When Vincent Van Gogh was asked how he created such magnificent works of art, he replied "I dream my paintings, then I paint my dream." The paint brush is in your hands now.***

Notes, Reflections, New Ideas and Ah-Ha's!

***Daily Accountability to Support Your Goals:***
***Text "Done!" to 954-980-2134 When You Have Completed Your 15 Minutes***

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## Day 26

1. Read and/or listen to Chapter 17 plus one other chapter from the book.

2. Review and revisit the affirmations created on Day 22. Create new affirmations that positively reflect your feelings and intention about money and being rich. For example:
   Money comes to me in many unforeseen ways.
   People love to pay me money for what I most enjoy doing.
   The more money I have, the more money flows to me and multiplies

***"It's the repetition of affirmations that leads to belief. And once that belief becomes a deep conviction, things begin to happen." ~ Muhammad Ali***

Notes, Reflections, New Ideas and Ah-Ha's!

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***Daily Accountability to Support Your Goals:***
***Text "Done!" to 954-980-2134 When You Have Completed Your 15 Minutes***

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## Day 27

1. Read and/or listen to Chapter 17 plus one other chapter from the book.

2. What did you glean and learn from that chapter today? Did new statements make an impression? As you continue to review and reflect, you will discover new and deeper meanings and applications of the principles. Write down your thoughts and reactions as well as document the results you are experiencing.

***Throughout life's journey, each new level of learning and expansion leads to greater levels of understanding and development.***

Notes, Reflections, New Ideas and Ah-Ha's!

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## Day 28 --- Begin the Study of "Persistence"

As we near the end of this 30 Day Intensive, I want to encourage you to continue with the study of The Science of Getting Rich and it is right about now that Vitamin "P" – Persistence can be extremely helpful and useful.

In Chapter 8 of *Think and Grow Rich*, Napoleon Hill provides an in depth analysis of the qualities of persistence and offers an 8 point "Persistence Inventory." I have taken the liberty of recording this Chapter and have it available for you via telephone.

**Today Call 1-712-432-1085, Access Code 237137#**

Listen to the Chapter on Persistence, with particular attention to the 8 point inventory and note your thoughts and reflections below.

(Note: If you do not already have a copy of *Think and Grow Rich*, you are able to download a free pdf version of the book online through various sites.)

Notes, Reflections, New Ideas and Ah-Ha's!

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***Daily Accountability to Support Your Goals:***
***Text "Done!" to 954-980-2134 When You Have Completed Your 15 Minutes***
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## Day 29 --- Continue the Study of "Persistence"

Listen (and/or read) again the Chapter on Persistence.

**Today Call 1-712-432-1085, Access Code 237137#**

Napoleon Hill lists 16 weaknesses which must be mastered by all who accumulate riches. Go through the list and recognize which, if any, you must master. Take the time to go through the list and thoughtfully reflect on areas of improvement.

Notes, Reflections, New Ideas and Ah-Ha's!

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***Daily Accountability to Support Your Goals:***
***Text "Done!" to 954-980-2134 When You Have Completed Your 15 Minutes***
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## Day 30 --- Completion and … This is Just the Beginning!

## CONGRATULATIONS!

By virtue of the fact that you are reading this page, you are a true champion and committed action taker who will continue to create, manifest and accumulate great riches!

You are making a difference for yourself and the world through your consistent and persistent actions, backed by faith and infused with purpose. It is an honor to have shared this portion of the journey with you and I look forward to continuing to travel together.

Use, apply and integrate *The Science of Getting Rich* in all you do and experience the magic of thinking, living and acting in the certain way.

**Take the time now to jot down notes about this 30 day process, the triumphs, the challenges and the excitement of realizing greater levels of awareness, expansion and abundance!**

Notes, Reflections, New Ideas and Ah-Ha's!

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